

## Discover the Secrets of Men's Sexual Health and Satisfaction

Breaking the barriers of silence and embarrassment, this revolutionary guide speaks in a candid and good-natured style to straight men, gay men, lovers, partners, and wives. Drawing on fascinating case histories, board certified urologist Dr. Dudley Seth Danoff uses straightforward, easy-to-understand terms to explain every aspect of men's sexual health.

You'll discover the facts about BPH and prostate cancer, sexually transmitted diseases, male menopause, steroid use, and penile enhancement as well as the truth about "blue pills" and other cures for erectile dysfunction. You'll also learn easy exercises to have a healthy, active sex life and techniques for delaying ejaculation.

"Dr. Danoff's book is the best I've ever read on this most important subject. Every man should read it. So should women."  
—**Larry King**

"A probing and entertaining analysis of the mysteries, legends, and misconceptions surrounding the organ that has preoccupied the world ever since Eve bit the apple!"  
—**Leo A. Gordon, MD**, Associate Director of Surgical Education, Cedars-Sinai Medical Center

"Dispels many male myths, especially about size. A must-read for all men and the women who love them!"  
—**Naura Hayden**, author of *How to Satisfy a Woman Every Time . . . and Have Her Beg for More!*



**Dudley Seth Danoff, MD, FACS**, is president and founder of the Cedars-Sinai Tower Urology Medical Group in Los Angeles, a Diplomate of the American Board of Urology, and a Fellow of the American College of Surgeons. For more than twenty-five years he taught on the clinical faculty of the UCLA School of Medicine.

**Banish stress from the bedroom and make sex fun again.**

**Del Monaco Press**

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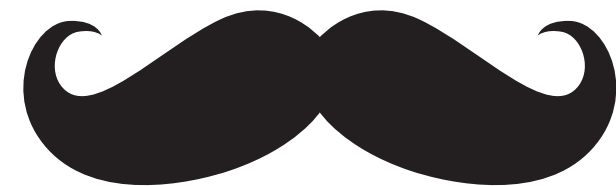
Health & Fitness/Men's Health



THE ULTIMATE GUIDE TO MALE SEXUAL HEALTH DUDLEY SETH DANOFF, MD, FACS Del Monaco Press

# THE ULTIMATE GUIDE TO

# MALE SEXUAL HEALTH



## How to Stay Vital at Any Age

**Practical,**  
safe, no-nonsense  
advice for men  
and women

**Facts**  
about erectile  
dysfunction,  
potency, and  
the prostate

**Tips**  
for a healthy,  
active sex life  
at any age

# DUDLEY SETH DANOFF, MD, FACS